



I will be kind to others, even when they hurt me.

Prepared and freely distributed by  
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Children's Sunday  
Workbook

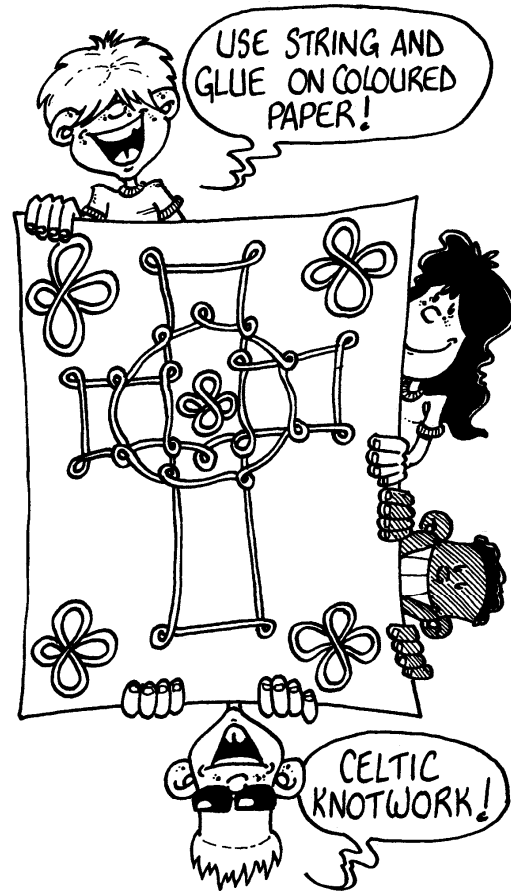


## The Sixth Sunday after Epiphany 15 February, 2026

### Matthew 5:23

If you are offering your gift at the altar and there remember that your friend has something against you, leave your gift there in front of the altar. First go and be reconciled to your friend; then come and offer your gift.

Heavenly Father, help us to guard against things that hurt others both in words and deeds; and forgive us as we ask those we have hurt to forgive us as well. Amen.



# A MATTER OF LIFE AND DEATH

WHAT IS?

The way we live.

YOU MEAN ALL THE EXCITING STUFF IS OUT?

The really exciting stuff is in! But I know sin looks tempting because it looks (and feels) nice. At first. But not in the long run, and not for other people.

I SUPPOSE WE NEED TO KEEP THAT IN MIND WHEN WE'RE TEMPTED?

Yes, and God's power helps us stay strong. God's way of love is the way to life.

HOW LONG FOR?

Ever.

## MURDER

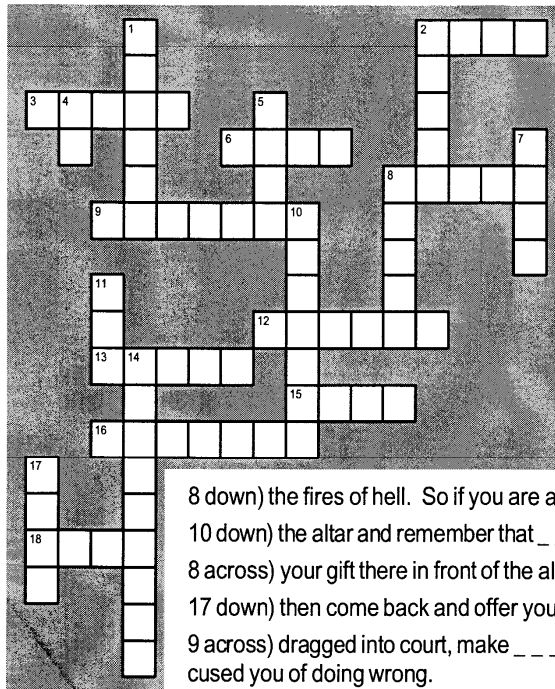
[A DESTRUCTIVE ATTITUDE!]

SAVIOUR BREATHE FORGIVENESS O'ER US,  
 ALL OUR WEARNESS THOU DOST KNOW.  
 THOU DIDST TREAD THIS EARTH BEFORE US,  
 THOU DIDST FEEL ITS KEENEST WOE.  
 LONE AND DREARY, FAINT AND WEARY,  
 THROUGH THE DESERT THOU DIDST GO.  
 SPIRIT OF OUR GOD DESCENDING,  
 FILL OUR HEARTS WITH HEAVENLY JOY.  
 LOVE WITH EVERY PASSION BLENDING,  
 PLEASURE THAT CAN NEVER CLOY  
 THUS PROVIDED, PARDONED, GUIDED,  
 NOTHING CAN OUR PEACE DESTROY.



# Crossword: Excerpts Matthew 5:21-37 (CEV)

Listen CAREFULLY to the Reading and fill in the blank spaces.

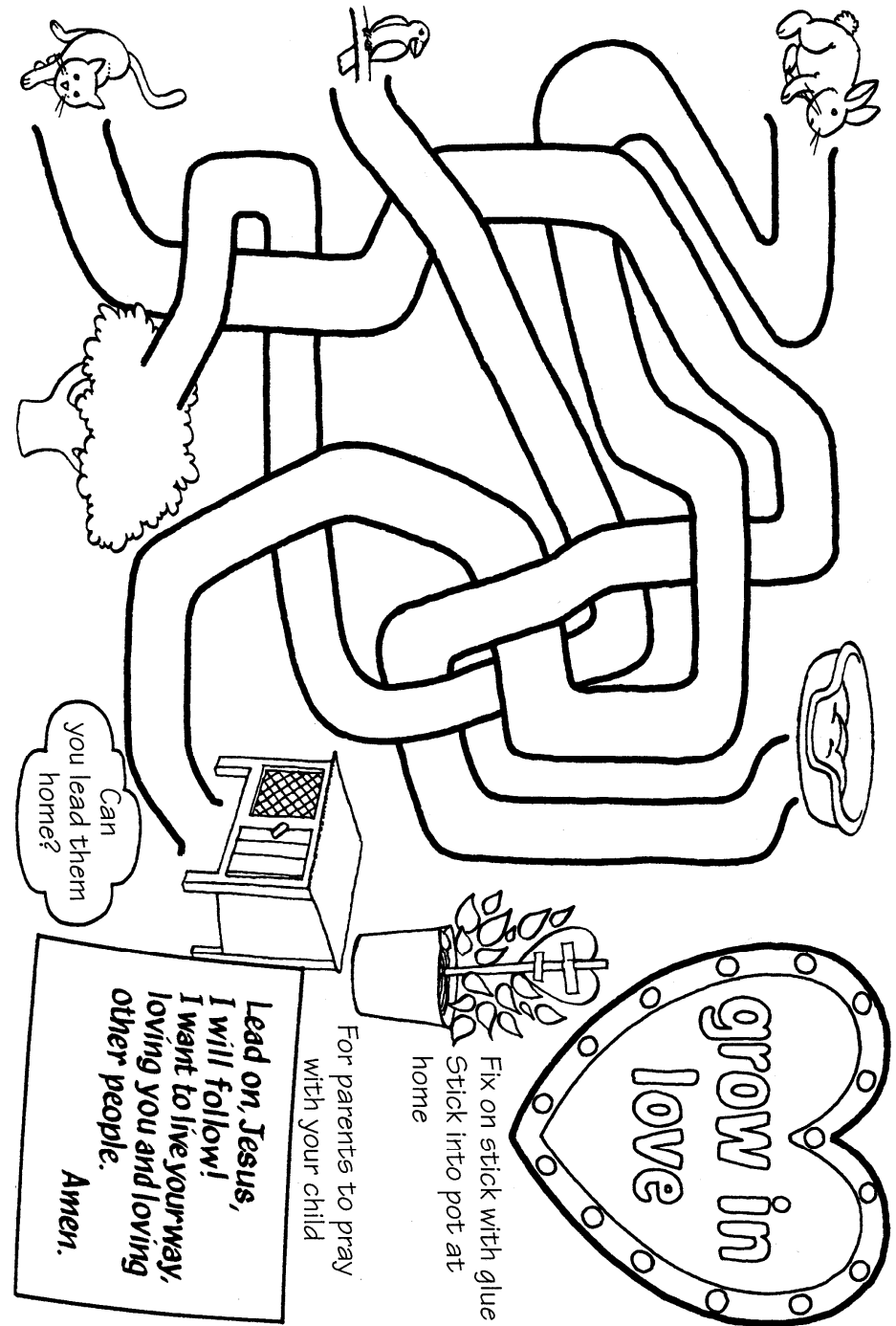


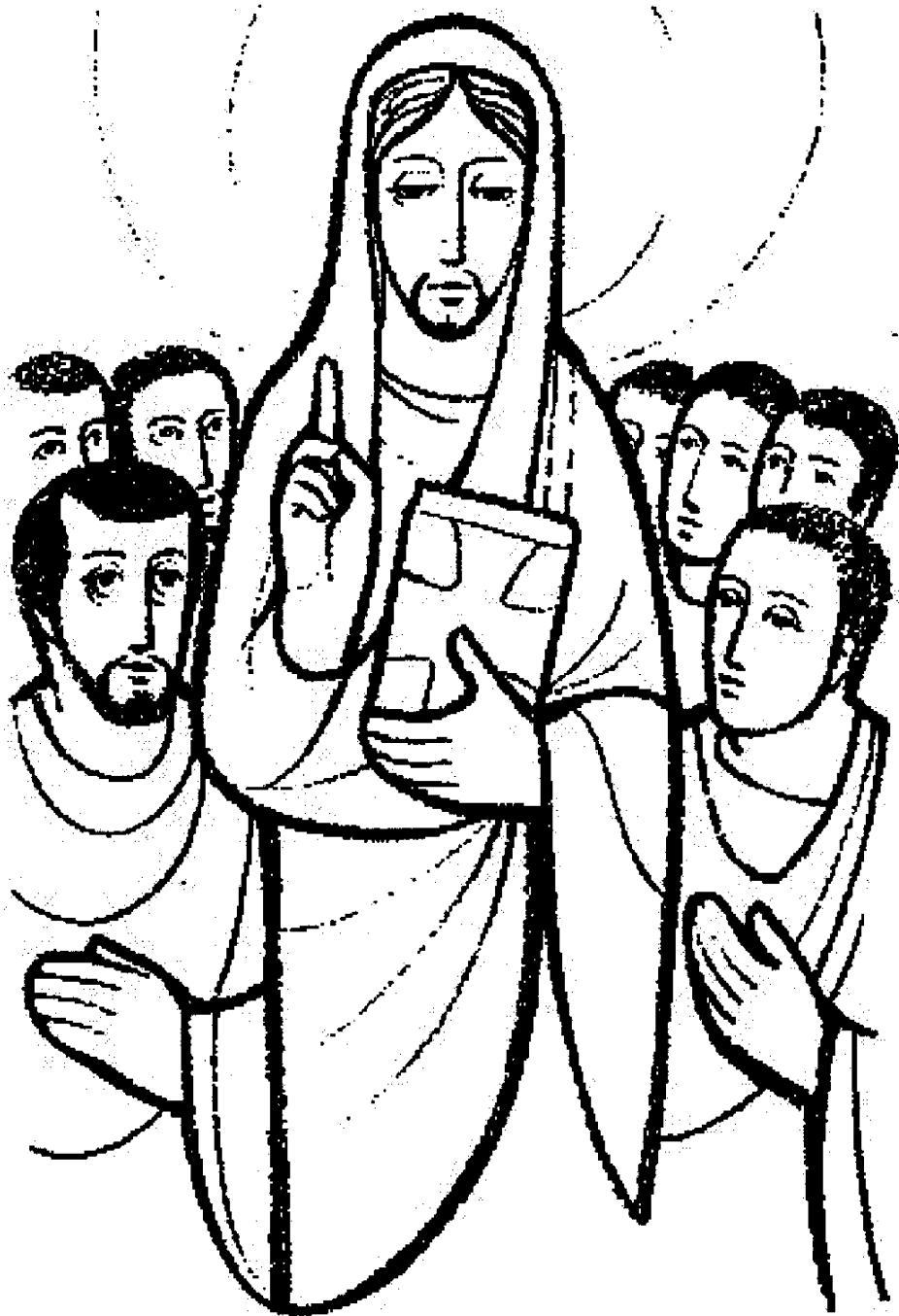
Afterwards you will be able to complete the crossword puzzle below.

1 down) You know that our ancestors were told, "Do not \_\_\_\_\_" and  
 16 across) A murderer must be brought to trial. But I \_\_\_\_\_ you that  
 3 across) if you are \_\_\_\_\_ with someone, you will have to stand trial.  
 18 across) If you call someone a \_\_\_\_\_, you will be taken to court.  
 14 down) And if you say that someone is \_\_\_\_\_, you will be in danger of

8 down) the fires of hell. So if you are about to \_\_\_\_\_ your gift on  
 10 down) the altar and remember that \_\_\_\_\_ is angry with you, leave  
 8 across) your gift there in front of the altar. Make \_\_\_\_\_ with that person,  
 17 down) then come back and offer your \_\_\_\_\_ to God. Before you are  
 9 across) dragged into court, make \_\_\_\_\_ with the person who has accused you of doing wrong.  
 2 down) If you don't, you will be handed over to the \_\_\_\_\_ and then to the

2 across) officer who will put you in \_\_\_\_\_. I promise you that you will not get  
 6 across) out until you have paid the last \_\_\_\_\_ you owe.  
 15 across) You know that our ancestors were told, "Don't use the Lord's \_\_\_\_\_ to make  
 7 down) a promise unless you are going to \_\_\_\_\_ it." But I tell you not to swear by  
 12 across) anything when you make a promise! \_\_\_\_\_ is God's throne, so don't swear by heaven.  
 13 across) The earth is God's footstool, so don't \_\_\_\_\_ by the earth. Jerusalem is the  
 5 down) city of the great king, so don't swear by it. Don't swear by your own \_\_\_\_\_.  
 11 down) You cannot make one hair white or black. When you make a promise, say only "\_\_\_\_"  
 4 down) or "\_\_\_\_." Anything else comes from the devil.





## Forgiving and Forgiven

"Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift."  
Matthew 5:23-24

Based on Matthew 5:21-24



R X M T R D A N G E R B R Y O  
 F V I E B C D A D K V R E J Y  
 P X S U X P R A X J Q O C D I  
 K A G W P N J E L A X T O P K  
 J P C I Z N R A M T X H N X Y  
 F C F V F I O H H E A E C I J  
 U A A P F T X Y C E M R I M U  
 O F F E R I N G R G L B L R D  
 O M C O K U V D E B L L E I G  
 X A F P C F H O Z W W I D R E  
 G N M L A I H M X U A I I S M  
 T G T E H R J O E X G W T U E  
 T R G K S S N K N W E O D D N  
 Y Y S R X T V Q H W F O O L T  
 X X B A A M U R D E R Y E J K

ALTAR	ANGRY	PEOPLE	REMEMBER	MURDER
OFFERING	FIRST	FOOL	JUDGEMENT	GIFT
BROTHER	HELL	DANGER	RECONCILED	FIRE