



In this series, we'll be looking at four favourite hymns. Take some time to listen to and reflect on the hymn—maybe outside in the sunshine! You might like to email your thoughts to us and we'll include them—friends in the parish might appreciate your insights and grow further in understanding hymns that can become so familiar we don't always think deeply about them.

### “Now Thank We All Our God”

Open your hymn book and sing through the hymn. You might also like to listen to a recording on YouTube [here](#).

Which sections of this hymn do you find moving or significant? Are there parts you don't like?

If you know an alternate tune for this hymn, now sing the hymn to this tune, or speak it out loud as if reading poetry. Does this impact the way you experience the hymn?

Does this hymn remind you of another? Is the theme similar or perhaps the music?

Does the hymn remind you of a passage in the Bible? Take out your Bible and read the passage. Has there been a time when this hymn or passage of scripture has been meaningful?

Finish this time with the doxology. Sing it yourself or listen to it on YouTube [here](#).

*Praise God from whom all blessings flow;  
Praise Him all creatures here below.  
Praise Him above ye heavenly host,  
Praise Father, Son and Holy Ghost.*

### Tell Your Friends!

We would love to hear about your experience with this hymn. [Email us](#) and we will include your thoughts in next week's email. We will assume permission for your responses to be published unless you specify otherwise—if you would prefer your response to remain confidential or to be seen by Rob, please be sure to note that in your email.

Now thank we all our God  
with heart and hands and voices,  
who wondrous things hath done,  
in whom his world rejoices;  
who from our mothers' arms  
hath blessed us on our way  
with countless gifts of love,  
and still is ours today.

O may this bounteous God  
through all our life be near us,  
with ever-joyful hearts  
and blessed peace to cheer us,  
and keep us in his grace,  
and guide us when perplexed,  
and free us from all ills  
in this world in the next.

All praise and thanks to God  
the Father now be given,  
the Son and Him who reigns,  
with Them in highest heaven;  
the one eternal God,  
whom heaven and earth adore;  
for thus it was, is now,  
and shall be evermore.

Flower photo by Krystina Rogers on [unsplash.com](#)

St Michael's Anglican Church, 28 Dalgetty Rd Beaumaris 3193  
[Email us](#) or call, 9589 3094.

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