



Wayne's Words

Rev. Wayne Walters

Sunday 10th October, 2021



Tuning into God's Frequency

Have you ever heard the voice of God? How do you respond to the suggestion that God is speaking to you frequently? Is that surprising, even unbelievable?

If so, could it be that we are not recognising the types of communication God is using, or have not tuned into to the frequency God is using?

God is spirit and relates to our spirit by faith – that is by the building of trust in what we cannot physically see or hear but perceive in our spirit and have become convinced in our mind is true.

What does his most accessible form of communication – the bible – say about how God speaks to us?

Through nature - his creation Ps 19:1-4, Ps 8:1-3, Rom 1:19-20; through the correction of friends Prov 27:5-6 and discipline of parents Prov 23:13-16,19; God speaks to us through the experiences of others 1 Cor 10:11; and sometimes in dreams or words of wisdom from others. Maybe less frequent are prophetic words, though words of encouragement and comfort are characteristic of New Testament prophecy 1 Cor 14:3.

There are moments when we find our attention particularly arrested, something that is said quite randomly might unusually provoke us. Before we dismiss it, we might consider – is that something I need to take notice of, reflect on, pray about, act on?

The Letter to the Hebrews tells us that God has especially spoken through his Son. We have no clearer word from God than the person and words of Jesus himself. And Jesus told us that he would send his spirit who would be our counsellor and would lead us into all truth.

Probably the greatest challenge for many of us in hearing God speak is the need for stillness and times of quiet in our lives; also, our separation often from nature itself, as well as the closed Bibles in our homes, or the difficult stories and unfamiliar customs and contexts we find there. As we value the habit of gathering with other believers in Jesus and open his word and listen to his teaching, and learn from one another, so God reveals himself among us and speaks into our spirits and our hearts.

What has God been speaking to you about most recently? What will you do in response?

God bless you,

Wayne

PS: A helpful resource for nurturing stillness and reflection is the [Examen](#) app based on Ignatian spirituality that provides daily guided meditations for reflection at the end of the day. I find it to be a good end of the day practice that complements a morning use of the [Bible in One Year](#) app with Nicky Gumble's practical commentary on the readings of the day.